

**TWEED
OSPREYS
COACHING
CORNER**



**EDITION 1 - TOP TIPS FOR BEGINNERS
WITH AUSTRALIAN JACKAROO LYNSEY CLARKE**



LYNNY'S TOP TIP

Practice more than you play! Especially at the start when you're developing your skills. This will develop your consistency and confidence when in a game.



LYNNY'S TOP TIP

Ask some of the best players in your club for their advice on whatever questions you have about our sport. In the bowls world we all love a chat, especially on our favourite topic - bowls! Have these conversations with multiple people and pick out bits and pieces from each conversation that really resonate with you.

LYNNY'S TOP TIP

PUT THAT IN TO PRACTICE! I KNOW IT'S PROBABLY REALLY SIMPLE, BUT ENJOY YOURSELF. REALLY LOVE BEING OUT THERE ON THE GREEN BECAUSE IF YOU DON'T - WHAT'S EVEN THE POINT. MY HAPPY PLACE, MY ZEN PLACE IS THE BOWLS GREEN SURROUNDED BY MY BOWLS FAMILY. IT'S THE BEST!

