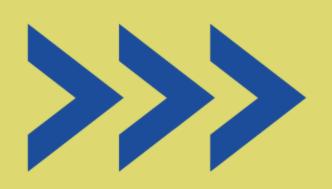
TWEED OSPREYS COACHING COACHING CORNER





EDITION 1 - TOP TIPS FOR BEGINNERS
WITH AUSTRALIAN JACKAROO LYNSEY CLARKE



LYNNY'S TOP TIP

Practice more then you play! Especially at the start when you're developing your skills. This will develop your consistency and confidence when in a game.



LYNNY'S TOP TIP

Ask some of the best players in your club for their advice on whatever questions you have about our sport. In the bowls world we all love a chat, especially on our favourite topic - bowls! Have these conversations with multiple people and pick out bits and pieces from each conversation that really resonate with you.

LYNNY'S TOP TIP

PUT THAT IN TO PRACTICE! I KNOW IT'S PROBABLY
REALLY SIMPLE, BUT ENJOY YOURSELF. REALLY LOVE
BEING OUT THERE ON THE GREEN BECAUSE IF YOU
DON'T - WHAT'S EVEN THE POINT. MY HAPPY PLACE,
MY ZEN PLACE IS THE BOWLS GREEN SURROUNDED BY
MY BOWLS FAMILY. IT'S THE BEST!

