

**TWEED
OSPREYS**

COACHING CORNER

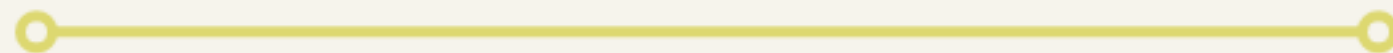


EDITION 3

WITH BOWLS LEGEND KELVIN KERKOW



TIP #1



PRACTICE YOUR WEAKNESS NOT YOUR STRENGTHS WHEN ROLLING UP AND YOU DECIDE TO HAVE A PRACTICE SESSION. I HAVE ALWAYS WORKED ON CONCENTRATION & CORRECTION GIVES CONSISTENCY.





TIP #2

A GOOD SINGLES PLAYER HAS ALL THE SHOTS IN THE GAME AND WILL BACK THEMSELVES WITH CONFIDENCE AND PLAY ATTACKING SHOTS TO MAKE A SCORE. BEEN ABLE TO DRIVE OR PLAY FIRM RUN SHOTS WITH ACCURACY AND CONTACT THE HEAD WILL WIN MANY GAMES. BEING ABLE TO GO STRAIGHT BACK AND DRAW SHOT AFTER A DRIVE AND DRAW A TOUCHER YOU WILL BECOME A WINNER MORE OFTEN THAN NOT.

TIP #3

SOME GOOD ADVICE! LET ME ASK YOU A QUESTION?

HAVE YOU EVER DOUBTED YOURSELF IN A SHOT SELECTION YOU WANT
TO PLAY?

IF YOU AGREE YES. YOU NEED TO CHANGE YOUR MIND SET AND
BELIEVE YOU WILL PLAY THE SHOT AND GET IT EVERY TIME.
CONSISTENCY IS WHAT MAKES YOU STRONGER AND BECOME MORE
POSITIVE IN YOUR GAME.

